



SAVE THE DATE(S)

**Nautical Institute: Southern African Branch 10 Year
Celebration Seminar**

Thursday, 9 September to Saturday, 11 September 2021

Theme: “Seafarer Wellness”

Date	Session	Time	Theme	Speaker	Company
Thursday, 9 September	Welcome	18h00 SAST	Setting the scene	John Abercrombie	Branch Chair
	1	18h10 SAST	Crew change crisis and effect on seafarer wellness	Frank Coles	Consultant
				John Lloyd	NI CEO
Friday, 10 September	2	10h00- 11h00 SAST	Panel Discussion: The role of flag and port State Authorities in support of seafarer wellness	Sibusiso Rantsoabe	SAMSA
				Jillian Carson- Jackson	NI President
				Johan Smith	Sailors Society
	3	14h00- 15h00 SAST	Industry perspectives on 'Seafarer Wellness'	Nick Sloane	Resolve Marine
				Wilna Kapp	AMSOL
				Brendon Hawley	Wilhelmsen Ships Service / MACN
Saturday, 11 September	4	11h00- 12h00 SAST	Mental Health, Trauma, Resilience	Rachel Glynn- Williams	Seaways Psychology
				Peter Cottrell	Port Welfare Committee
				Charles Kingon	Master
	Closing	12h00- 12h20 SAST	Closing remarks and key takeaways	David Wolfaardt	Branch Vice Chair